



SOUTH VIEW SCHOOL

# SECONDARY

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# NEWSLETTER



## WEEKLY ROUND -UP



Ms. Joanne Billington

Assistant Head of  
Secondary - Academics

### **Supporting Pupils During Online Learning and Times of Uncertainty**

In times of uncertainty, maintaining a sense of routine, connection and purpose is more important than ever for our pupils. While periods of online learning can present challenges, they also offer valuable opportunities to build independence, resilience and adaptability, skills that will benefit pupils well beyond the classroom.

At school, we remain committed to ensuring that learning continues with consistency and high expectations. Our teachers are delivering structured lessons, providing clear guidance, and maintaining regular communication so that pupils feel supported and engaged.

We would like to thank all parents who took the time to complete our recent distance learning survey. Your feedback is invaluable in helping us to reflect on our current provision and identify areas for improvement. We greatly appreciate your support and partnership as we continue to refine and strengthen our approach to online learning.

### **Establish a Routine**

Encourage pupils to follow a consistent daily schedule, including regular wake-up times, lessons, breaks and homework. A clear structure helps to reduce anxiety and creates a sense of normality.

### **Create a Positive Learning Environment**

Where possible, pupils should work in a quiet, well-lit space free from distractions. Having a dedicated area for learning can help them to focus and separate school time from home life.

### **Encourage Independence and Responsibility**

Online learning provides an excellent opportunity for pupils to take greater ownership of their work. Encouraging them to manage deadlines, organise tasks and seek help when needed will build confidence and self-discipline.

### **Stay Connected**

Maintaining social connections is vital for wellbeing. We encourage pupils to engage actively in live lessons, communicate with their teachers, and stay in touch with peers in appropriate ways.

### **Support Wellbeing**

Uncertainty can impact emotional wellbeing. Regular check-ins, open conversations and reassurance can help pupils to feel secure. Ensuring they get enough sleep, exercise and time away from screens is equally important.

### **Limit Distractions, Especially at Night**

We recommend that devices such as mobile phones are removed from bedrooms at night where possible. This helps pupils to achieve better quality sleep, which has a direct impact on focus, mood and overall wellbeing.

We are also pleased to offer further opportunities for parental support:

- **An Exams Workshop** will take place online on **Wednesday 15th April at 10:30am for parents of children in Years 11-13**
- **A Parental Workshop on Supporting Your Child with Online Learning** will be held online on **Thursday 16th April at 9:30am.**

We encourage parents to attend these sessions, which are designed to provide guidance, answer questions, and further support you and your child during this period.

We understand that this time may feel challenging for families, but by working together, we can ensure that pupils continue to thrive both academically and personally. Our staff remain available to provide guidance and support, and we encourage parents to reach out if they have any concerns.

Thank you for your continued support.

# ACADEMIC UPDATES

## Head of Academic Update



Ms. Scarlett Whistlecroft

Head of Academic  
Operations

### Exam Contingency Arrangements

Following the announcement last week regarding the cancellation of external examinations, we have been receiving further information from Pearson about the contingency arrangements for international qualifications. The international qualifications we offer are:

IGCSEs - International GCSEs (usually taken in Y11).

IAS - International AS Levels (usually taken in Y12)

IALs - International A Levels (usually taken in Y13).

We are still awaiting guidance for GCSE qualifications and will share this as soon as it is available. The subjects offered as GCSEs (rather than IGCSEs) are: Drama, Music, PE, Psychology, Russian, Turkish, and Italian.

We recognise that this continues to be an anxious time and want to ensure that all students and parents are kept fully informed. A significant amount of information has been shared over the past week, and as a school, we are carefully reviewing how these arrangements apply to our courses and to each individual student. We appreciate your patience as we process this information and communicate updates.

In summary, all students expecting to receive an international qualification this summer (IGCSE, IAS, or IAL) will still be awarded a grade.

There are two main approaches the exams boards take to grade students:

### Enhanced Grading (Extrapolation)

Where a student has completed, or is due to complete, one or more assessment components (such as coursework or a speaking exam), or has banked results from a previous series (e.g. a unit sat in January 2026), Pearson will use this existing data to determine a final grade. Pearson estimate performance for the missing assessment(s), taking account of how the student previously performed compared to the wider cohort and typical patterns across the qualification. This is an established approach used by awarding bodies and approved by the Joint Council for Qualifications (JCQ) designed to ensure students receive a fair outcome where some assessment evidence is already available.

# ACADEMIC UPDATES

## Head of Academic Update

### **International Contingency Grading (Portfolio of Evidence)**

Where no prior assessment evidence is available (including cases where a student has taken a module but entered for a re-sit), the school will compile a portfolio of work that reflects the student's performance across the course. Pearson examiners will review this evidence and award a grade accordingly.

- Y12 and Y13:** Every pupil will receive an individual email explaining exactly what the arrangements mean for their courses and personal circumstances.
- Y11:** The year group will receive a letter explaining what the arrangements mean for each subject.
- Y10:** Students have already received a letter detailing how the changes will affect their Maths GCSE.

It is now more important than ever that all students continue to work hard.

For those who require a portfolio of evidence to be submitted to the examboards, ensuring it is as strong as possible will be particularly vital in supporting their final outcomes.

Please note that while external examinations are cancelled internal assessments will be in place, more details will be communicated about this in the coming weeks.

We are committed to supporting all our students through this period and will continue to keep you updated as further guidance is provided.

***BTECS:** Please note BTEC courses do not have external exams so students taking these courses are not impacted by the exam boards cancelling external exams. Pearson has communication with schools how BTEC qualifications will continue to be delivered and assessed appropriately. They have confirmed that measures are in place to ensure that no student is disadvantaged as a result of online learning.*

### **Exams Workshop**

This will take place online on Wednesday 15th April at 10:30am for parents of children in Years 11-13. We will share the link next week and a form for you to submit questions

# SPECIALIST UPDATES

## PASTORAL UPDATE



**Mr. Michael Macdonald**  
Assistant Head of  
Secondary - Pastoral

This week, I want to focus on something that sits at the centre of both wellbeing and academic success: routine.

In periods of uncertainty or disruption, routine provides stability. It gives structure to the day, reduces anxiety, and helps students stay focused and engaged. Even simple habits, done consistently, can have a significant impact.

One of the most effective habits we can build is starting the day well. Encouraging students to get outside for as little as 15 minutes each morning can make a real difference. Exposure to natural light supports sleep patterns, improves mood, and helps students feel more alert and ready to learn. It is a small adjustment with a clear benefit.

Alongside this, maintaining regular sleep times and prioritising healthy eating are key. Balanced meals, good hydration, and reducing late night screen time all contribute to better concentration, emotional regulation, and overall wellbeing. These are not quick fixes, but they are reliable foundations.

As a school, we will continue to reinforce these messages with students. The strongest impact comes when school and home are aligned, so your support in maintaining these routines is appreciated.

### Recommendation of the Week

If you are looking for something to read, I would recommend *We Solve Murders* by [Richard Osman](#). It is an easy, engaging read with the same accessible style that has made his previous books so popular. Ideal if you are looking to switch off for a while.

# SPECIALIST UPDATES

## 6<sup>th</sup> FORM and CAREERS UPDATE



Mr. Carl Burgess  
Head of Sixth Form

In a time where online learning has become the norm, staying motivated and working efficiently can feel like a real challenge. One powerful idea that can help is *flow*—a concept from Flow (psychology), introduced by psychologist Mihaly Csikszentmihalyi. Flow is the state where you are fully focused, lose track of time, and work at your best. To achieve this, try setting clear, achievable goals for each study session, removing distractions (such as phones or social media), and working in short, focused bursts (e.g. 25–30 minutes). Make sure the task is challenging enough to keep you engaged, but not so difficult that it feels overwhelming. By creating the right conditions for flow, you can make your online learning more productive, more enjoyable, and ultimately more successful.

6th form will be doing a focused session on this next week – looking to build on already successful habits embedded this year.



# SPECIALIST UPDATES

## DATA AND ASSESSMENT UPDATE



**Mr. Ryan Bladen**

Assistant Head of Secondary  
Data and Assessment

### **Distance Learning & Upcoming Assessments**

We would like to reassure parents that, despite the current move to distance learning, teaching and learning are continuing as planned. It is essential that students remain fully engaged in their online lessons, as their participation, effort, and progress will continue to form an important part of our reporting later this term.

Please be aware that the content covered during this period will also be included in term 3 assessments, which are currently scheduled to take place in the week beginning 18th May. These assessments remain an important opportunity for students to demonstrate their understanding and progress.

We are currently reviewing and planning what these assessments will look like should distance learning still be in place at that time. Further information will be shared with parents and students as soon as arrangements are finalised.

We appreciate your continued support in ensuring students are attending lessons, completing their work, and maintaining positive learning routines during this period.

## ENTERPRISE AND TECHNOLOGY UPDATE



**Miss Elizabeth Charlton**

Head of Enterprise and  
Technology

We would like to commend our students for the focus and commitment they have shown during this period of online learning. It has been great to see such positive engagement across lessons.

Please be assured that, upon our return to in-person teaching, we will carefully review progress and address any gaps to ensure all students remain on track.

# SPECIALIST UPDATES

## LITERACY UPDATE



**Mr. David Archibald**  
Head of English &  
Literacy Coordinator

From next week, we will be offering students some additional flexibility during DEAR sessions.

Students must still attend their first DEAR lesson of the week, and they must attend any DEAR session that falls in Period 1 so that registers can be completed as normal. Outside of these sessions, students will be able to choose one of the following options:

1. Read a physical book if they have one available at home.
2. Read a text on their device (for example, an online article, short story, or eBook) and engage with the tasks set by the teacher.
3. Use the time as a screen-free wellbeing session. This should be a calm, purposeful break from screens and may include activities such as journalling, quiet reflection, organising schoolwork, or another suitable offline activity.

The aim of this is to support both reading engagement and student wellbeing, while maintaining clear expectations around attendance at key DEAR sessions.

## ENGLISH UPDATE

We are extremely proud of the way the many students across the school have continued to engage with their English lessons during this period of online learning. Many students are attending regularly, contributing thoughtfully in lessons, and completing work with care and commitment despite the challenges of learning remotely.

Attendance at live lessons remains especially important at this time. This is particularly vital for our IGCSE and A Level students, who are at a crucial stage in their courses. Their continued effort, focus, and regular attendance are key to maintaining progress and preparing confidently for their next steps.

Support continues to be available for all students. Teachers are providing feedback through Teams, setting structured lesson materials, and making themselves available to answer questions or provide additional guidance where needed. We strongly encourage students to stay engaged with their lessons, check Teams daily, and reach out for support whenever they need it. Consistent attendance and communication remain the most important factors in helping students continue to succeed during this period of online learning.

# SPECIALIST UPDATES

## MATHS UPDATE



Ms Jo Griffin  
Head of Maths

*Celebration of Excellence:*

*Challenge ME Finals  
2026!*



We are absolutely thrilled to announce that several of our talented students have reached the finals of the **Challenge ME** competition!

For the second year in a row, South View have finished in the top 30 schools from across the Middle East - you can see the list of positions of schools here: <https://youtu.be/CILWGeRaEzY?si=ZfuUdtRzz04N0MOH>

This is a remarkable achievement, and the entire school community is incredibly proud of the hard work and dedication shown by our finalists.

While the format of this year's finals may look a little different than originally planned, we are excited to see our students showcase their skills on the big stage.

We want to wish Martin Al Ashkar, Lera Nikolaeva, Nikita Shibayev (all Y8), and Mirza Zafeeruddin Haider (Y9), the very best of luck.

Regardless of the final outcome, reaching this stage is a testament to your brilliance and perseverance. Most importantly—remember to enjoy the experience!

For any students interested in the chance to take part next year, you can find out more on the Challenge ME website: <https://challengeme.ae/>

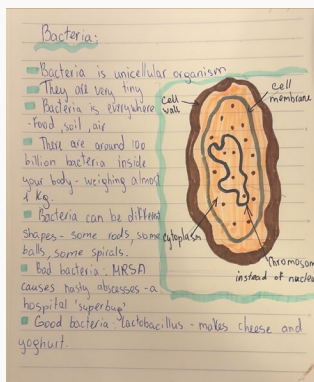
# SPECIALIST UPDATES

## SCIENCE UPDATE

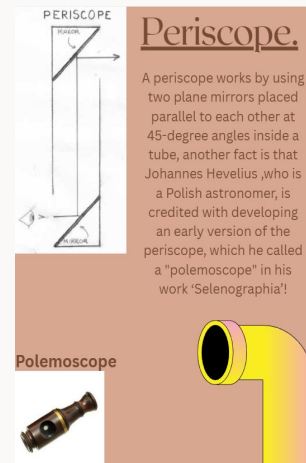


**Mr. Philip Mutton**  
Head of Science

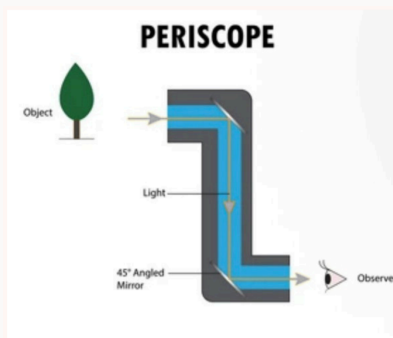
We continue to be incredibly pleased with the positive engagement shown by our students in their science lessons during this period of remote learning. As a department, we have worked hard to ensure that our online lessons remain as consistent as possible with the high-quality learning experiences students would receive in school. Lessons continue to include a range of activities, explanations and opportunities for independent practice to support progress across all year groups.



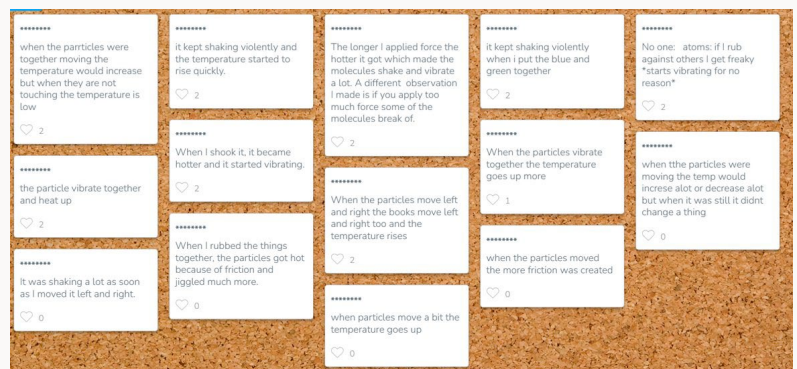
Our older students are maintaining a strong focus on revision and exam preparation, developing their understanding through structured practice and exam-style questions. Meanwhile, our younger students have been engaging in a wide variety of interactive and creative learning experiences. For example (shown below / left), Year 8 students with Mrs Millet have been exploring how periscopes work, applying their understanding of light and reflection. Year 7 students have been sharing and discussing their ideas about forces using interactive platforms such as Nearpod, allowing for collaborative learning even while apart. In Mrs Daghmoumi's class, Year 8 students have been developing their knowledge of bacteria, as demonstrated in the excellent work shown (left)



We would like to thank parents for their continued support in helping students to stay engaged with their learning. Your encouragement makes a significant difference. As a department, we remain committed to delivering the best possible science curriculum under the current circumstances and will continue to adapt and refine our approach to ensure all students are supported.

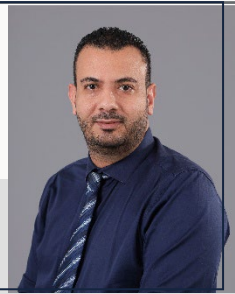


**A periscope uses two plane mirrors placed at 45°. Light reflects off each mirror. The angle of incidence equals the angle of reflection, so the light travels into the eye.**



# SPECIALIST UPDATES

## ARABIC A UPDATE



Mr. Abdelhamed Kerba  
Head of MOE Subjects.

Dear Parents,

I hope you and your families are safe and well.

As we continue with online learning, I would like to take this opportunity to thank you sincerely for your ongoing support, understanding, and partnership. Your support at home continues to make a real difference to your child's learning, wellbeing, and confidence, and it is truly appreciated by all of us.

I would also like to remind you that all **MOE subjects** for secondary students, including **Arabic, Islamic Studies, and Social Studies**, remain an important part of your child's learning journey during this period. Although learning is taking place online, our expectations for participation, engagement, and commitment to learning remain the same. We are working closely as a team to ensure that students continue to receive meaningful teaching, clear guidance, and the support they need in all MoE subjects. Please encourage your child to attend their lessons on **Microsoft Teams** regularly, join on time, and take part positively throughout each session. Active participation is very important in online learning, as it helps students stay connected to their teachers, understand new learning clearly, and continue making progress. It is also important that students complete the tasks and assignments shared through Teams and respond to teachers' instructions carefully.

We kindly ask for your support in helping your child to maintain a daily routine, be prepared for lessons, and use Teams appropriately for learning. A quiet space, where possible, regular attendance, and consistent follow-up at home can all have a very positive impact. Even a small amount of daily encouragement from home can help students remain focused, organised, and motivated.

Please also remind your child that online lessons are still part of the formal school day and should be approached with the same seriousness and respect as face-to-face learning. Students should be punctual, ready with the materials they need, and respectful in their communication and behaviour during all online lessons.

As a school, we remain committed to supporting every student as much as possible. We understand that some families may face challenges during online learning, and we want to reassure you that we are here to help. If your child needs any support in **Arabic, Islamic Studies, or Social Studies**, please do not hesitate to contact us. We will always do our best to provide guidance and support where needed.

Thank you once again for your continued cooperation, patience, and support. By working together, we can help our students remain engaged, safe, and successful in their learning during this period.

Wishing you and your family continued safety and wellbeing.

# SPECIALIST UPDATES

## ISLAMIC



**MR. Hossam Bekhit**  
Head of Islamic Studies

Dear Parents,

Thank you, as always, for your continuous support in your child's Islamic lessons during distance learning journey.

This week, our students focused on their assigned Hadith topics based on the teachings of our beloved Prophet (PBUH).

They explored the overall meaning of the Hadith and have been encouraged to begin memorizing some of its opening words.

Next week, we will shift our focus to Ruling and manners topics, helping students develop a deeper understanding of Islamic rulings in daily life.

In addition, kindly encourage them to practice their assigned Surah, record a recitation video, and upload it on Teams.

We also encourage you to remind your child to use the Islamic Treasure App regularly and complete the weekly activities that support their learning.

Thank you for your continued support.

## SOCIAL STUDIES



**Ms Elham Bakry**  
Head of Social Studies

أولياء الأمور الأفاضل،

تحية طيبة وبعد،

نأمل أن تكونوا جميعًا بأمان وطمأنينة

تزامن هذا الأسبوع في دولة الإمارات مع فعاليات عالمية مهمة، من أبرزها معرض الطاقة في الشرق الأوسط ومعرض الذكاء الاصطناعي في أبريل، وركّزاً على الابتكار، والذكاء الاصطناعي، والاستدامة، وهو ما يعكس توجه الدولة نحو 9 إلى 7 دبي، اللذان أُقيما خلال الفترة من بناء مستقبل قائم على المعرفة والتكنولوجيا

وقد ارتبط ذلك بما درسه الطلاب هذا الأسبوع، حيث تعرّفوا إلى مفهومي الابتكار وريادة الأعمال، وأهميتها في دعم الاقتصاد، كما درسوا كذلك تناولوا دراسة قارة إفريقيا من الناحية الطبيعية، من حيث الأمن المائي والغذائي في دولة الإمارات ودورها في تحقيق الاستدامة المناخ والتضاريس، إضافة إلى الكشوف الجغرافية البرتغالية وأثرها في التوسع التجاري وتعزيز التواصل بين القارات

نرجو من أبنائنا الطلبة الحرص على حضور الحصص بانتظام، ومتابعة الواجبات الدراسية، واستكمالها في الوقت المحدد، لما لذلك من أثر

مباشر في دعم تقدمهم الأكاديمي

مع خالص الشكر والتقدير

الإمارت نحو  
الذكاء: المستقبل  
الاصطناعي  
والطاقة.



Dubai AI Festivals



Middle East Energy

# SPECIALIST UPDATES

## ARABIC UPDATE



Mrs. Fatima Banafea  
Head of Arabic - Secondary.

مع استمرار التعلم عن بُعد، نؤكد على أهمية جاهزية الطالب للحصص من خلال توفر جهاز مناسب واتصال إنترنت مستقر، والانضباط في حضور الحصص الافتراضية وإنجاز المهام المطلوبة.  
وفيما يلي أبرز مستجدات قسم اللغة العربية لهذا الأسبوع.

### Exam Prep

- O-Level exams have been **cancelled**
- Replaced with Student Portfolio (Profilo)
- Further details will be shared next week with students and parents

### Teaching & Learning: Arabic A

أولياء الأمور الكرام، طلابنا الأعزاء نرحب بكم ونتمنى أن تكونوا جميعًا بخير وصحة وسلامة. خلال الأسبوع الماضي، أنهينا دراسة بعض فروع اللغة العربية المهمة مثل النحو والكتابة، حيث عمل الطلاب على أنشطة ساعدتهم على تنمية مهاراتهم في هذين المجالين.  
أما في الأسبوع القادم، فسنبداً بإذن الله استكمال تحليل الرواية، مع التركيز على فهم الأحداث والشخصيات والأفكار الرئيسية. نرجو من أولياء الأمور الكرام دعم أبنائنا من خلال: الالتزام بحضور الحصص وحل الواجبات المطلوبة والمشاركة الفعالة أثناء الدروس  
كما نود تذكير طلاب الصف الحادي عشر (Y11 OL) بوجود حصة دعم أسبوعية لمساعدتهم في الاستعداد للامتحانات والتدريب على أسئلة الامتحانات الدولية، وذلك كل يوم أربعاء الساعة 7:15 صباحًا.  
مع خالص التحية، المعلمة سحر.

### Weekly Update On Assignmet Submission

A letter has been sent to parents when students missed multiple assignments every week.

We appreciate your support in ensuring all tasks are completed on time.

### Teaching & Learning: Arabic B

Dear Parents,

This week in Arabic B, students focused on developing their listening skills through activities that helped them identify key words, understand the main idea, and recognize important details from audio texts. They also built vocabulary and improved their understanding of familiar language in context. Next week, our focus will move to speaking skills. Students will take part in structured activities to express their ideas more confidently, use learned vocabulary, and communicate in simple, meaningful sentences.

We appreciate your support in encouraging students to review vocabulary regularly to support their participation in class.  
Teacher Mr. Ahmed

### Enrichment

Students are encouraged to engage with online platforms to support reading and develop their Arabic language skills.

Arabic A Arabic B  
I READ ARABIC I START ARABIC



# SPECIALIST UPDATES

## MFL UPDATE



Mr. Michael Fitzpatrick  
Head of MFL

We are extremely proud of the way our students have engaged with online learning in French and Spanish. Their commitment to attending lessons, taking part positively, and continuing their language development during this period has been excellent and is a real credit to them.

Once we return to school, we will carefully review key content to ensure all students have a secure understanding before moving forward with any assessments. Our priority is to make sure every student feels confident and well-prepared.

For students in Year 11 and Year 12, it is particularly important that they continue to engage fully with their lessons and complete all work to a high standard. This will help ensure that any evidence collected for grading reflects their very best ability.

Thank you for your continued support.

Mr. Fitzpatrick / Mrs. Gómez / Ms. Castro

## PERFORMING ARTS UPDATE



Ms. Charlene Rock  
Head of Performing Arts

Our GCSE and A Level cohorts have been working very hard this week despite uncertainty surrounding exams. We are proud of the way they are conducting themselves during this challenging time.

Keep working hard KS4 and KS5!

Year 11 GCSE Music students are currently working on their C2 compositions which they have to notate and compose themselves. We can't wait to hear their final pieces.

don't forget to

FOLLOW US ON  
INSTAGRAM!

@ artsatsvs



# PERFORMING ARTS UPDATES

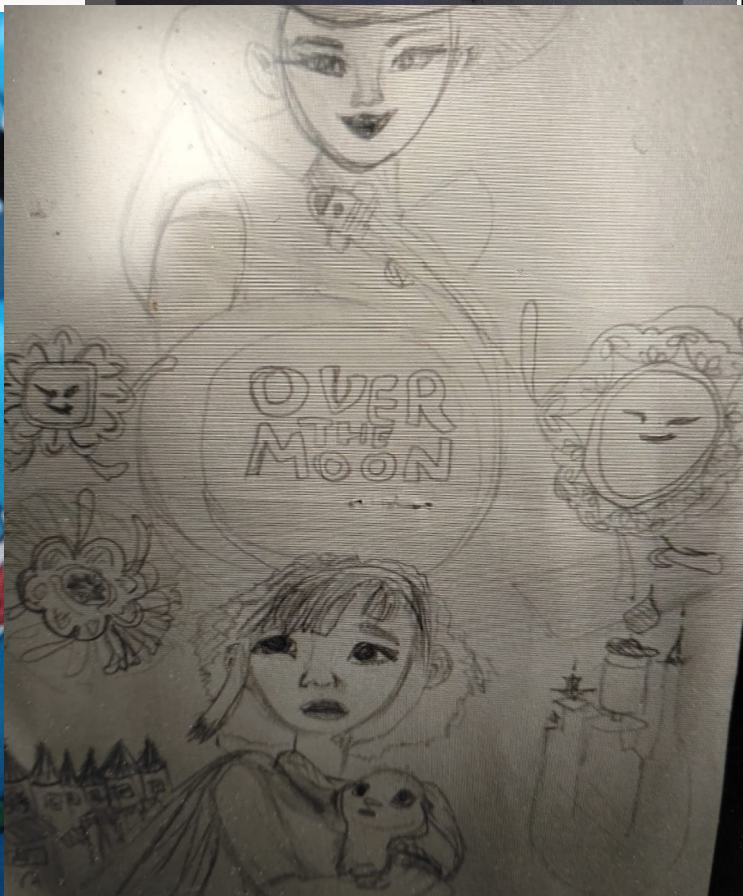
## Art

In Art, Year 7 students have been creating Movie posters. Their work is very impressive.

Luciano 7E



Andre 7A



Seray 7E

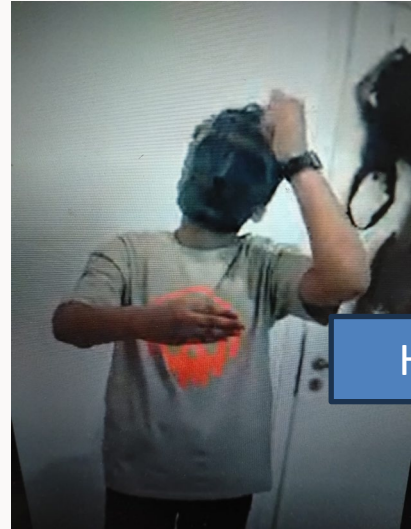
# PERFORMING ARTS UPDATES

## Drama

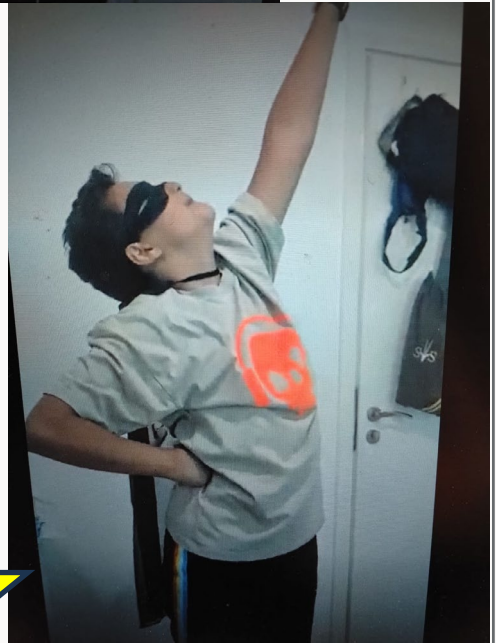
In Drama this week, Year 8 students have continued with their mask unit but focused on their use of body language and gestures to portray emotions and storylines.



Julia



Hamza

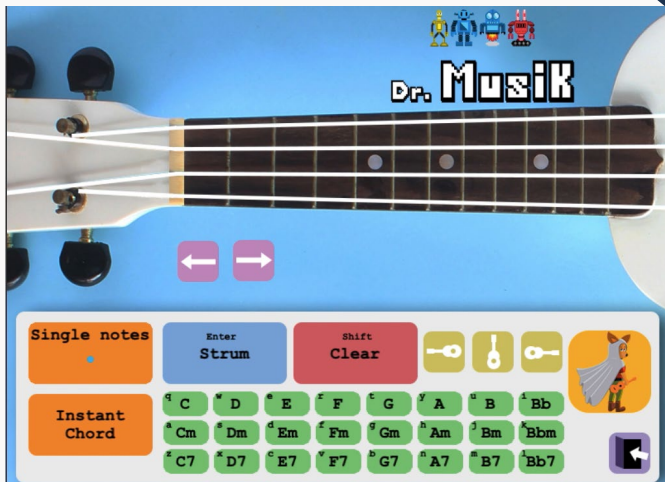


Lisa 7E

## Music

Here is some Ukulele work from our wonderful Year 7 students.

Amina 7B



# SPECIALIST UPDATES

## INCLUSION UPDATE



**Ms. Nicola Quick**

Head of Year 12 & Special Education Needs Coordinator- Secondary



**Mrs Abigale Dunn**

Head of Inclusion



### Five things I will bring in boarding school



Our inclusion students have continued to show us just how fantastic they are doing this week with online learning. Students have produced some fantastic work with support from our LSAs in lessons in break out rooms and in our intervention lessons, including making bridges at home and writing up on Artemis II, which they are really enjoying! Keep up the great work

### Artemis II Blasts Off on Historic Mission Around the Moon

By Lucca Giusti  
SVS Times

NASA launched Artemis II on **April 1, 2026**, from **Launch Pad 39B** at **Kennedy Space Center in Florida**, sending four astronauts on the first crewed journey of the Artemis program. On board the Orion spacecraft are **Reid Wiseman, Victor Glover, Christina Koch**, and Canadian astronaut **Jeremy Hansen**, who will spend about **10 days** traveling around the Moon to test Orion's life-support, navigation, and deep-space systems. The mission includes a close lunar flyby and will break the record for the farthest distance humans have traveled from Earth. Artemis II is scheduled to **splash down off the coast of San Diego on April 10** at approximately **8:07 p.m. EDT**, where recovery teams will bring the crew safely back to shore.



Gentle reminder to keep going with Lexia at home :) we are really seeing the difference!

My special place is: the beach that is one of my special places. A beautiful scent of the sea, the sunny sun, and the cold water on a hot summer day. I feel calm, no distress. The hot sand when you are running to the sea, the salt tasted in the air from the sea, the seagulls squeaking and diving. I go to the water swimming in the cold sea and standing on a sandbank in the middle of the sea. When a big wave is coming and you dive into the water and open your eyes, you see the small fishes swimming under the waves. A beach sandwich after you were just swimming and playing football on the sand with my dad, getting a burger for lunch and eating it on the beach, and lying listening to the waves crashing, the sound of opening a soft drink and drinking it, the pleasure of a cold drink in your mouth as cold as an iceberg, and seeing the Robberg (it is Train Mountain in South Africa, Platberg Bay by the beach). Watch out for the blue bottle on the sand, the wind almost blowing your hat off your head.

By midday, the sun is at the top of the earth, and I am in my grandma's house sitting outside and playing with the dogs. My grandpa and I go out to town to get snacks and dinner for the braai. We get chicken steak and burgers, and we get bilting for the evening and chips. When we get home, we start preparing the braai, seasoning the steaks and chick with my grandpa, then going to sit outside with everyone. We get the bilting and chips and wait for our friend to come at night and get the silverware out on the table with a white and blue tablecloth and everybody getting involved with getting everything ready for the quest and putting a bouquet of flowers in the garden and waiting for the guest to come that arrives and we all sit down at the table and talk and laugh. We got games out to do with the kids and got the food ready and then we started eating. Everybody had a blast and then everyone left and fell asleep after a very busy day.

## HUMANITIES UPDATE



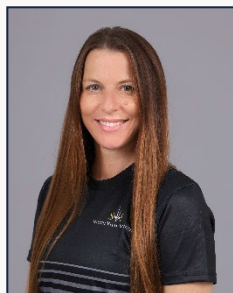
**Ms. Kirstin Scouller**

Head of Humanities



Year 7 students have been developing their creativity and cultural understanding in Moral, Social and Cultural studies by designing their own museums. They explored how museums can educate people about history, culture and society, and demonstrated impressive imagination in their designs. Students created a range of thoughtful themes, planned engaging galleries and selected meaningful artefacts to tell a story. One particularly creative example was a museum built using Minecraft!

# PE UPDATES



**Ms. Michelle Rowcliffe**  
Head of Department -  
Secondary

Despite the ongoing challenges of online learning, our students continue to demonstrate commitment, resilience, and a positive approach to learning and staying active.

This week, our KS3 and KS4 Core PE lessons have focused on developing muscular endurance, building on previous weeks' work on speed and cardiovascular endurance. Students have once again been encouraged to take ownership of their learning by choosing activities that best suit their space, equipment, and personal goals. Options included interval training, circuit sessions, fartlek training, HIIT workouts, and yoga or pilates.

Our Year 10 GCSE PE students have engaged well with both theoretical and practical elements of the course. With Mr Burgess, students explored planes and axes, gaining a deeper understanding of how movement occurs within the body and how this knowledge can be applied to improve sporting performance. Alongside this, Mrs Rowcliffe has introduced the benefits of mental rehearsal, helping students recognise how visualisation and psychological preparation can enhance confidence, skill execution and overall performance. This week the Year 10 GCSE PE students logged on to The EverLearner platform for the first time. This resource will support them in consolidating their understanding of Sport Psychology as they prepare for their upcoming end-of-topic assessment.

Meanwhile, our Year 11 GCSE PE students have been revising the topic of commercialisation, considering how media, sponsorship, and financial influences shape modern sport.

Our BTEC Sport students continue to progress through their nutrition unit, examining how dietary choices impact health, performance, and recovery. This remains a vital topic that links strongly to both academic understanding and lifelong wellbeing.

At this time, we would like to remind students and families of the importance of staying physically active for mental health and wellbeing. Regular activity can help reduce stress, improve mood, and maintain a sense of routine particularly during periods of uncertainty.





# SOUTH VIEW SCHOOL

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