

School Master Menus

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Snack 🍌 🥕 🥦

Mini Plain
Croissant

Hummus with
Veggie Sticks

Bread Sticks with
Cheese Dip

Mixed Fruit
Yoghurt

Mini Blueberry Muffin
with Organic Milk

Cold Lunch 🍷 🥗 🍝

Non-Vegetarian

Chicken & Honey
Mustard
Sandwich

Turkey & Noodle
Salad with Veggies

Chicken Caesar Salad
with Croutons

Chicken & Lemon
Mayo Sandwich

Pulled Beef & BBQ
Sliders with Apple
Coleslaw

Vegetarian

Falafel & Tahini
Wrap

Veggie Noodle
Salad

Crispy Tofu Caesar
Salad with Croutons

Egg Salad
Sandwich

Hummus & Falafel
Sliders with Apple
Coleslaw

Hot Lunch 🍷 🍕 🍝

Non-Vegetarian (Option 1)

Turkey Meatballs
with Tomato
Sauce &
Spaghetti

BBQ Chicken Pizza
with Potato Salad

Chicken Parma with
Tomato Sauce, Mash
Potatoes & Veggies

Beef Burger with
Baked Potato
Wedges

Non-Vegetarian Daily Special (Option 2)

 **Mexican
Mondays**

 **Italian
Tuesdays**

 **Middle Eastern
Wednesdays!**

 **Indian
Thursdays**

Chicken
Quesadillas with
Corn Salsa

Penne Bolognaise
with Garlic Bread

Chicken Mandi with
Tomato Salsa & Raita

Chicken Tikka
Masala with
Basmati Rice

Vegetarian 🍷 🍕 🍝

Veggies
Quesadillas with
Corn Salsa

Penne Pasta with
Tomato Sauce &
Garlic Bread

Leek & Potato Pie with
Pastry Top

Vegetable Korma
with Basmati Rice

Dessert 🍰 🍪 🍉

(Selection of
Whole Fruits)

(Selection of
Whole Fruits)

(Selection of Whole
Fruits)

(Selection of
Whole Fruits)

(Selection of Whole
Fruits)

(No hot meals served
on Fridays)

For more info please go to <https://mastercook.odoo.com/>



School Master Menus

WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack 🥕🥕🥕				
Celery & Carrots with Hummus	Ambrosia Fruit Pots	Leek & Cheddar Quiche	Mixed Melon Pots	Mini Banana Muffin with Organic Milk
Cold Lunch 🥪🥗🍲				
Non-Vegetarian				
BBQ Chicken Sandwich	Grilled Chicken & Fusilli Pasta with Pesto	Chicken Cajun Wrap	Tuna Pasta Salad	Teriyaki Beef Sandwich
Vegetarian				
Cheese & Tomato Wrap	Grilled Veg & Fusilli Pasta with Pesto	Cheese & Tomato Sandwich	Tomato Pasta Salad with Veggies	Teriyaki Tofu Sandwich
Hot Lunch 🍔🍕🍷				
Non-Vegetarian (Option 1)				
Sticky Sweet-Sour Chicken with Fried Rice	Turkey Turnovers with Mash Potato & Veggies	Pesto Pasta with Baked Chicken Goujons	Turkey Burgers with Baked Potato Wedges	(No hot meals served on Fridays)
Non-Vegetarian Daily special (Option 2)				
🌮 Mexican Mondays	🍝 Italian Tuesdays	🥙 Middle Eastern Wednesdays!	🍛 Indian Thursdays	
Baked Beef Taquitos Served with Tomato Salsa	Chicken Alfredo with Garlic Bread & Peas	Chicken and Potato Tray Bake with Roasted Veggies	Butter Chicken Served with Basmati Rice	
Vegetarian 🥗🥗🥗				
Sweet & Sour Veg with Fried Rice	Veggie Turnovers Mash Potato & Veggies	Veggie Pesto Pasta	Vegetarian Burger with Potato Wedges	
Dessert 🍰🍪🍷				
(Selection of Whole Fruits)	(Selection of Whole Fruits)	(Selection of Whole Fruits)	(Selection of Whole Fruits)	(Selection of Whole Fruits)

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SCHOOL MASTER MENUS

WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack🍌🥕🥦				
Mini Cheese Croissant	Tortilla Chips with Guacamole	Watermelon Triangles	Cheese & Pineapple Cubes with Crackers	Orange Muffin
Cold Lunch🍷🥗🍲				
Non-Vegetarian				
Chicken Caesar Wrap	Turkey Club Sandwich	Chicken & Mozzarella Pasta Salad	Turkey Salad Wrap	Beef Tacos
Vegetarian				
Cucumber & Cheese Sandwich	Veggie Club Sandwich	Mozzarella Pasta Salad	Cheese Salad Wrap	Veggie Tacos
Hot Lunch🍲🍕🥘				
Non-Vegetarian (Option 1)				
Baked Turkey Pasta Bake with Garlic Bread	Chicken & Leek Pie with Pastry Top with Mash & Veggies	Chicken Stir Fry with Veggies & Basmati Rice	Pulled BBQ Chicken Sliders with Baked Potato Wedges	(No hot meals served on Fridays)
Non-Vegetarian Daily special (Option 2)				
🌮Mexican Mondays	🍷Italian Tuesdays	🥙Middle Eastern Wednesdays!	🍛Indian Thursdays	
Chicken & Cheese Enchiladas with Roasted Veggies	Beef Lasagne Served with Garlic Bread	Baked Chicken Shawarma with Baked Spiced Wedges	Beef Biryani Served with Raita	
Vegetarian🍷🥗🍲				
Veggie Quesadillas with Roasted Veggies	Veggie Lasagna with Garlic Bread	Veggie Stir Fry with Basmati Rice	Vegetarian Biryani with Raita	
Dessert🍰🍪🍉				
(Selection of Whole Fruits)	(Selection of Whole Fruits)	(Selection of Whole Fruits)	(Selection of Whole Fruits)	(Selection of Whole Fruits)

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